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- 1. <u>Mom Are You There? Finding A Path To Peace Through Alzheimer's</u> by Kathleen Negri an elder lawyer from Denver. The book can be ordered via web at www.SteppingStonesToPeace.com, by calling (303) 393-7398, or by mail at forget-me-not press, P.O. Box 587 Wheat Ridge, CO 80034-0587. The price is around \$17.
- 2. "The Senior's Blue Book: A Senior's Resource Guide" state/region specific publications available check the website at www.SeniorsBlueBook.com to see if there is one in your area
- 3. The following references and websites are provided to assist with furthering understanding, anticipation, and management of changes associated with dementia:

BOOKS & ARTICLES:

- Alzheimer's Disease Guidelines Summary for Patients, Facilities and Friends
- Alzheimer's For Dummies by Dan B. Smith, Mary M. Kenan, Psy.D., Carole Edwin Kunik, M. D., M. P. H., Leeza Gibbons, 2003
- Alzheimer's From the Inside Out by Richard Taylor, 2006
- Coach Broyles' Playbook for Alzheimer's Caregivers: A Practical Tips Guide by Frank Broyles, University of Arkansas Board of Trustees, 2006
- The Healthy Brain Initiative: A National Public Health Road Map to Maintaining Cognitive Health, Centers for Disease Control and Prevention, 2007
- Learning to Speak Alzheimer's by Joanne Koenig Coste, Houghton Mifflin, 2003
- Losing My Mind: An Intimate Look at Life with Alzheimer's by Thomas Debaggio, 2002
- Partnering With Your Doctor: A Guide for Persons with Memory Problems and Their Care Partners, developed by California Dept of Health Services & Alzheimer's Association, 2003
- The 36-Hour Day by Nancy Mace, MA & Peter Rabins, MD

WEBSITES:

- www.aoa.gov
- www.theaftd.org
- www.alz.org/index.asp
- www.caregiver.org/caregiver
- www.dana.org
- www.ninds.nih.gov/disorders/picks/picks.htm
- www.nia.nih.gov/Alzheimers/AlzheimersInformation/GeneralInfo/
- www.hbo.com/alzheimers/ (HBO's The Alzheimer's Project)
- www.helpguide.org/elder_care

CONTACTS:

Association for Frontotemporal Dementias (AFTD) (Helpline) (866) 507-7222
Alzheimer's Association (Helpline) (800) 272-3900
National Academy of Neuropsychology (NAN) (303) 691-3694