

Alzheimer's disease caregiver resources

- (1) Alzheimer's Association – *multiple recommendations*
 - <http://www.alz.org/care/>
- (2) The 36-Hour Day (book) – *multiple recommendations*
 - http://www.amazon.com/36-Hour-Day-Alzheimer-Disease-Dementias/dp/1455521159/ref=sr_1_1?ie=UTF8&qid=1463592706&sr=8-1&keywords=36+hour+day
- (3) ABN Practitioner Toolbox
 - <http://abn-board.com/wp-content/uploads/2013/03/Caregiver-Resources-Generic.pdf>
- (4) From APA 12/II
 - <http://gerocentral.org/clinical-toolbox/>
- (5) “Every county should have an Area Agency on Aging that offers free caregiver support, assistance with finding SNF & AL facilities, and even respite support for home caregivers.”
 - Here is the city of Chicago's: <http://www.cityofchicago.org/city/en/depts/fss.html>
- (6) “If the patient or caregiver is a vet and registered at the VA, they likely have a caregiver support coordinator who can assist. “

Multiple sclerosis caregiver resources

- (1) Attached book chapter (esp, see end for listing of very helpful resources)
- (2) **Sullivan AB**, Miller DR. Who is taking care of the caregiver? Journal of Patient Experience. 2015;1(2): 7-12.

General caregiving resources

- (1) <http://kspope.com/payton/caregiving.php>
 - [Canadian Caregiver Coalition](#)
 - [CareCentral](#)
 - [CareGiver: For, About, & By Caregivers](#)
 - [CareGiver's Home Companion](#)
 - [Caregiving Resources from AARP](#)
 - [Care Giving Help](#)
 - [CarePages](#)
 - [CareSearch: Palliative Care Knowledge Network](#)
 - [CaringBridge](#)
 - [Caring.com](#)
 - [Caring From a Distance: Dedicated to the Needs of Long-Distance Caregivers](#)
 - [Children of Aging Parents: A National Organization for Caregivers](#)
 - [Family Caregiver Alliance: National Center on Caregiving](#)
 - [Family Caregivers Network Society](#)
 - [Financial Caregiving: A Survival Guide from the FDIC](#)
 - [MediCare: Caregiver Resource Kit](#)

- Medicare Rights Center: a National, Nonprofit Consumer Service Organization
 - National Alliance for Caregiving
 - National Association of Professional Geriatric Care Managers
 - Strength for Caring: A PLace for Caregivers
- (2) Pain Management for Older Adults: A Self-Help Guide
- http://www.amazon.com/Pain-Management-Older-Adults-Self-Help/dp/0931092701/ref=sr_1_1?ie=UTF8&qid=1463592814&sr=8-1&keywords=Pain+Management+for+Older+Adults%3A+A+self-help+guide